

Speak Out ! Your Gate to Hope

Success Stories from Africa

Program

- 10:00 – 10:30** Registration
- 10:35 – 10:45** Opening speech by Bibliotheca Alexandrina
- 10:45 – 10:55** Video by the UNHCR
- 11:00 – 11:15** African Success story by Teresa Amous from Sudan
- 11:15 – 11:30** African Success story by Ameen Ahmed Seddig from Sudan
- 11:30 – 12:00** Comments on the success stories
- 12:00 – 12:30** **Coffee Break**
- 12:30 – 13:10** Interventions that Address the Psycho Social and Mental Health Consequences of African Refugees – Dr. Nancy Baron, director of Psycho-Social Services and Training Institute in Cairo (PSTIC) /Terre des hommes
- 13:10 – 13:30** The fundamental role played by science and the academic research in overcoming depression – Dr. Muhamad Al-Zawawy, Master Degree Holder and Researcher in Public Health
- 13:30 – 13:50** The role of community support programs and gamification activities in psycho social support – Mr. Omar Al-Sabagh, Psychologist
- 13:50 – 14:00** Open discussion and Closing