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T H E
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SPANDA

TURYA: A S U B T L E E N E R G Y ?

EVEN THOUGH CONSCIOUSNESS AND SOUL ARE separate entities, a soul can be deep-seated in the consciousness and eternally dwell there in a state akin to peace. When we are able to freely share our time, passion, enthusiasm, determination, insight and love with no refrain and expectation of any return, then we are softly paving the path to growth. Which prosperity does not increase in value? It is not *you* or *I* that matters, we are both mere polarities, in unity, you and I are *one*. Never bargain for a 'thank you' for what you do or have done, as you did it for me not for you. Discovery takes place deep within our selfhood where inner and outer are no longer two, but one, solely one. The deeper we sink into ourselves, the further we reach out into the world.

The essence of the cognition of unity, by which creator, creation and creature are one, is the initial impulse unfolding itself into the space-time dimension. The time is ripe, but there is no time, actually.

DE MESOTERICA HUMILTADE

*The sword is for the one whose proud neck is held high;
no blow falls on the shadow thrown flat
upon the ground.*

RUMI, *Mathnawi*, IV: 2759

Per i tuoi bei occhi ho perso il senno, non quello di poi ma quello di adesso.

If everything is one, who are we? An emanation reaching back to its origin? Engaged in attaining the origin, more than in knowing its inconceivable nature, we swiftly move forward: backwards to the source, to the beginning of time and before. *Anábasis* and *katabasis*, contraction and expansion, the synchronic pulsation of reality is gaining pace, when time is no longer the frame of reference neither of the two actions comes before the other, they really are simultaneous, both inhalation (inspiration?) and exhalation: a suspension of breath. Reaching back to the origin always implies an *inner* journey, a change of direction, an energy conversion. At a given point of this process, the inner transmutes into the outer and all polarities relinquish. Now there is only one, not two or three, even God, Allah, YHWH, КҮҢА, Maria, Giovanna e Giuseppe are all one – only the methodologies and techniques leading back to

the origin differentiate them. There is no exclusive way to the origin, no copyright holders; *reliqe* them all together and you will have again just one. No further recognition or personification is in need: the inner human collective plane takes hold

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– the final reality for which this universe wa[i]s conceived. *Poeti, vati e cantori, santi e intronauti*. The cosmic dance, its energy and power, neither ends nor dies: it rebounds in itself, in its stillness resilience. Beware, the aboriginal wave is anew, no one could ever stem its tide, this plane of the manifestation has already transmuted onto the next one where one and one makes zero, where only undifferentiated unity holds true.

At re-birth there is light, light upon light: *enérgeia, érgon*, physical, not meta-physical, the active and expressive power of an entity, of an organism, of an *órganon* coming into existence. Before you and

dimension we are bound to death. Expand, develop yourself and give back to the world what you received so far. Released from *lila*'s joyful play, consciously take part in the virtuous cycle: from above to below, from below to the world, from the world to above, back and forth. Once united within, the border in-between gradually fades, 'giving' is a result of growth. *Philanthropos*, don't stop the flow! Build on what unites, not on what divides. Further to history lay meta-history with its hierohistory where everything is in the present – past and future are declinations of time. The past is past: learn, forget and forgive, and move on. Action springs from



me were differentiated by birth, before the big-bang of this current universe, or the *fiat lux* of this manifestation (*non ho sentito un grazie, ma non ve n'era bisogno*) there was *turya*, the still undifferentiated subtle energetic plan preceding creation: timeless, nameless, without attributions, in stillness, acting at rest. All of a sudden light into darkness (love?) with a longing to give. The restless *entelécheia* is at work again: a *rúh*, a *pneuma*, a soul, a *jiwa* takes off from the first manifestation. Then, subtle energies flourishing all over and round, consciousness shifts towards its own primacy, development, inner and outer, in-out: the creative energy sets its play. Keep quite, "go placidly among the winds." Neither fear nor hesitate, just follow it, recall it, remember it, and act.

The world of reality is a world of acts, not of stillness, nirvana is a gateway to reality not the final destination. If we only abode in this time-space

the encounter of spirit and matter in the soul, from quality and quantity, supported by a sincere, pure and unconditioned impulse to give, freed from self-interest, egoism or profit: the time of secrets is over: spirit and matter are one. When spirit has spiritualised matter and matter has materialized the spirit (*anábasis katabasis*) then a pure act is possible, an act that doesn't generate karma but concurs to its own purification, to laundry the actor's individual history and, in more general terms, to lessen human pain. In other words, actions performed in purity alleviate poverty – and not merely the material poverty of goods and monies.

Energy & Development is an overview of certain physical aspects of some renewable energies and their use in our 'times', and an invitation to constantly re-new ourselves, and our views. ▣