Supercourse Newsletter March 6 2011 www.pitt.edu/~super1/

Dear Friend

Please distribute this to people who like to fish or exercise

Fishing for Deans: We are very pleased as to how our fishing for deans is developing. We found that they are easy to identify as they are all in schools. Also, the bait that we were using, that of Global health and prevention, made it easy to troll and catch the medical school deans. Deans just love the bait of global health. We are very pleased for the students who have helped up. If you or your students would like to help fish for deans in Nursing, Pharmacy, Veterinary schools, we would love to have you join our fishing expedition. By the end of the supper we hope to network every dean in the health sciences, and thus be able to connect to all faculty and student in the world. With this network we can produce a major increase in global health training across health . Please cast your lot with the Supercourse Fishing Team. You will be proudly listed in the Supercourse asa fisherman/fisherwoman. Please contact me if you want to become a fisher of deans (ronaldlaporte@gmail.com)

Time is but the stream I go a-fishing in. Its thin current slides away, but eternity remains." Thoreau

News from WHO:

Despite the turmoil in the Egypt and the Middle East, Dr. Hatem Nour El-Din has produced a wonderful new e-Publication that is available for free.

Second issue of e-Publications, Eastern Mediterranean Region Series on DVD. "Providing Access to Health Knowledge to Build a Healthy Future"

Recently, the Regional Office for the Eastern Mediterranean, World Health Organization, Cairo, Egypt (WHO-EMRO) has produced the second issue of "e-Publications, Eastern Mediterranean Region Series" on DVD in order to contribute to better access to health knowledge and build a healthy future. This DVD includes a fully searchable bibliographic database with off-line access to the full text of 634 publications of the WHO Regional Office for the Eastern Mediterranean, published between 1985 and 2010. This digital Library brings together 26 years of Regional Office health information products, some of which are no longer available in print. It covers 75 health topics related to the major health issues in the Region and includes monographs, training materials, technical documents, reports, guidelines, and advocacy publications in Arabic, English and French. On the other hand, WHO-EMRO will be very happy to provide technical support for health institutions and medical libraries that wish to deploy their information products on CD-ROM and/or DVD by using the same platform which is free of charge. For a FREE copy or any further information, please contact Mr. Hatem Nour El-Din,

Technical Officer, Library and Health Literature Services, WHO/EMRO, e-mail: nourh@emro.who.int .

He who has health, has hope. And he who has hope, has everything. (Arab quote)

Exercise Supercourse and Mobile Global App-tivity

Problem

- Children and Adults are becoming fatter world wide
- Physical activity levels are gong down
- Few health professionals (physicians, nurses, pharmacists, public health workers know much about exercise and health, and therefore do not teach about exercise and health.

Mission: Double the amount of Global training in Exercise and Health world wide by 2015

Methods to achieve goal:

Supercourse Virtual Exercise Supercourse

- Building the Penultimate lecture PowerPoint lecture on exercise and health
- Distribution of the lecture to all medical, public health, nursing, pharmacy, academic educational health programs through the deans of the schools
- Creating a certified curriculum of 25 exercise and health lectures
- Development of an Exercise and Global health certificate
- Creating an ACSM/Supercourse exercise app store

We would very much like to have students and faculty world wide who are interested in exercise and health to join our effort to educate the world about exercise. Please write to me at ronaldlaporte@gmail.com if you would like to join. If you interested in develop Mobile Global health and exercise, please write.

Global Disability and WHO

For over 7 years, Supercourse developers have been actively collaborating with the School of Health and Rehabilitation Sciences at the University of Pittsburgh. Supercourse has a large selection of lectures on disability. One of the most active supercourse supporters in the area of disability is Cr. Katherine Seelman, an associate dean of disability programs and professor of rehabilitation science and technology. Dr. Seelman is one serving on the World Health Organization 9-member international editorial committee to guide the development of the first world report on disability. The World report on disability will be launched on 9 June 2011 (in September in the US). Mandated by the World Health Assembly Resolution 58.23, and jointly published by WHO and the World Bank, the Report summarizes the best available scientific evidence on disability and makes recommendations for action to support the implementation of the Convention on the Rights of Persons with Disabilities. Please contact Dr. Seelman at kds31@pitt.edu to find out more information.

We have about 50 lectures in the Supercourse on Global Health and Disability. Disability is one of the most important problems we will be facing as the world ages. If you would like to join this effort

We are very fortunate to be able to work together to improve the health of the world. Please share the supercourse information with others:

"In nothing do men approach so nearly to the Gods, as in giving health to men." (Cicero)

App of the week: There is a most cool app called World Customs. With this app it tells you different customs for countries across the world. For example in many countries one should always ask for a second helping at dinner, or differences in hand shaking. It is also never clear as to who should be tipped, and for how much. This app provide tips so that we are less likely to make fools of ourselves in other countries. (this is an app I definitely need!!)

Ismail Serageldin, has been the major supporter of the Supercourse.

ISMAIL SERAGELDIN TO RECEIVE ACADEMY'S MOST PRESTIGIOUS AWARD

WASHINGTON -- Hailed as a pioneer in the movement to re-establish the importance of science in the Arab and Muslim world, Ismail Serageldin, the founding director of the New Library of Alexandria, has been awarded the Public Welfare Medal, the National Academy of Sciences' most prestigious award. Established in 1914, the medal is presented annually to honor extraordinary use of science for the public good.

Faina's pick of the week:

Dr. Gupta recently sent us a very interesting public health and ethics lecture on typhoid fever, which can be accessed at

http://www.pitt.edu/~super1/lecture/lec41191/index.htm

This lecture gives a wonderful overview of the disease, including its interesting history. Everybody in epidemiology knows about typhoid Mary, however did you know that she died in quarantine after being forcefully held in there for 26 years? This lecture is an interesting source of information about the prevention of disease and its treatment.

Best wishes from:

Ron, Eugene, Faina, Meredith, Francois, Eric, Ali, Vint, Ismail, Gil, Jesse, Mita, Kawkab, Nabil